

District 40 Newsletter

January 2009

Alathon October 2008:

The Alathon was another huge success!

Thank you to everyone for your support!

We raised \$2230.00

SPRING FLING 2009 is next and we need your help!

This is a great way to be of service!

Please contact your GR or District_40@yahoo.com

District 40 Calendars

ARE ALMOST READY!!!

Email district_40@yahoo.com

Public Outreach

At the Nov. District 40 meeting a suggestion was made to provide Forum subscriptions to libraries in the Dist. 40 area, the idea is being explored.

Two members attended a public outreach Heritage High School on Oct. 29. It was a great opportunity to provide information to the kids and counselor. During our visit, there was an interested in having meetings at the school.

Have ideas for public outreach?

Please e-mail district_40@yahoo.com

Dist. 40 IS ONLINE!!!

www.alanonriverside.org

CHECK IT OUT!!!

Does your meeting have a Group Rep?

What is a GR????:



Group Representative (GR)

A GR is a vital link in the continuing function, growth and unity of world Al-Anon. He is a member elected by his group for a three-year term. He attends Assemblies, maintains contact between the group and the district and between the group and the Area World Service Committee.

• The GR and World Service

Through the contacts he makes with other GRs and the Area World Service Committee, the GR can gain knowledge of Al-Anon world service and the purpose and work of the Conference. This will enable him to explain these to the group. The GR should be allowed regular time at group meetings to convey information concerning Al-Anon world service affairs.

• The GR and District Meetings

The GR attends all meetings of his district.

• The GR and the Area Assembly

In addition to attending the election Assembly, the GR is expected to attend all scheduled Assemblies (and any interim Assembly the Chairman or Delegate considers necessary) and to report back to the group. The GR or Alternate GR, in the GR's absence, votes at the Assembly. Each group has *one* vote.

www.al-anon.alateen.org/members 141

Area Assembly

Area Assembly, Saturday May 16, 2009

9 AM – Introduction to Assembly, 1st time & New GR's

10 AM – Area Assembly Meeting

Fullerton Senior Center

All GR's have a voice. This is a great way to learn more about Al-Anon on a different level of service and meet members from other areas! Carpool....have a meeting in the car!

Meeting News

New Meeting

MURRIETA

Tuesday, 6:30 pm
Salvation Army
40270 Los Alamos
(upstairs in fellowship hall)
Contact: Mary C. 951-445-9857

New Location

MENIFEE/SUN CITY

Sunday Night Serenity
Menifee Valley Medical Center
28400 McCall Blvd
Sun City, CA 92585

Temecula Friday Night Women's Stag
*Is moving to a new location **February 6, 2009:***
St. Catherine's Church
C Street in Temecula 7:30pm

ALATEEN MEETINGS:

TEMECULA

Alateen
Monday, 6:30 pm
United Methodist Church
42690 Margarita Road, Room 6
Contact: Chris C. 951-526-6659
Lorie S. 951-303-6077

MENIFEE/SUN CITY

Menifee Valley Medical Center
28400 McCall Blvd
Sun City, CA 92585
Alateen / Pre-teen / Alatot
Grades 9-12 Grades 6-8 Grades K-5
Contact: Tori S. 951-529-5224

**Have meeting news you would
like printed in next month's issue?**

Email district_40@yahoo.com

NEED A MEETING TOPIC??

When it is time for rotation of leadership you can lead a meeting on service, each member can share about his/her service positions. This can help those who may be thinking of being of service.

Colton Service Center

Please volunteer your time at the Colton service center! What a great way to be of service!

TREASURY

Dina C gave the treasurers report and District 40 is worked well within its approved budget for the year of 2008. A budget committee is forming to work out a 2009 budget. Want to be a part of the budget committee? Please contact your GR or the District 40 Treasurer. District 40 is sending \$2250 to the Colton Service Center. These funds were raised at the 2008 Alathon! If you or your meeting would like to donate to District 40 please mail your donation to:

**District 40
Attn Treasurer
25060 Hancock Ave. Ste 103-174
Murrieta, CA 92562**

SPEAKER MEETINGS

Temecula Friday Night Women's Stag Meeting

Rancho California Water District
42135 Winchester Temecula, CA
7:30 p.m.

Everyone is Welcome
*This is an open meeting on
the **last** Friday of Every Month*
For Information:
Anna R., (951) 696-1986

Sunday Night Serenity

Speaker Night – Potluck – Birthday Night
Al-Anon, AA & Alateen Speakers

5:00pm Dinner 5:45pm Birthday's
6:00pm Speakers

Menifee Valley Medical Center
28400 McCall Blvd
Sun City, CA 92585

Al-Anon Contact: Lisa 951.672.3099
Alateen: Viki 951.597.4980, Julie 951.657.3022

CALENDAR OF EVENTS

January

February

Heart Talk 2009

<http://ca-inlandempire-alanon.org/events/hearttalk2009.pdf>

March

2009 High Desert Convention

The Hilton Garden Hotel

Victorville, CA

March 13 - 15

DID YOU KNOW???

Will anyone say I have been there?

One of the Al-Anon program's basic principles is that of anonymity. Meetings are confidential, and we do not disclose whom we see or what we hear at meetings to anyone.

From http://www.al-anon.alateen.org/new_3question.html

Check out Al-Anon's podcasts online!

<http://al-anonfamilygroups.org/Podcasts/FirstSteps/>

POSITIONS NEEDED/FILLED

District 40 has a new Secretary!

THANK YOU CHRISTINA M.

Want to be of service at the District 40 level?

Contact your Group Rep or e-mail
district_40@yahoo.com



District 40 Meetings 2009:

Time: 7:00 pm

Boston Billie's Restaurant

26850 Cherry Hills Blvd., Sun City

Feb 12th

Mar 12th

April 9th

May 14th

June 11th

July 9th

Aug 13th

Sep 10th

Oct 8th

Nov 12th

Dec – No Meeting

(ALL ARE WELCOME GR'S HAVE A VOTE)

DISTRICT 40 SERVICE BOARD

When anyone, anywhere, reaches out for help - let the hand of Al-Anon and Alateen always be there, and Let It Begin With Me.

District_40@yahoo.com

Phone 951.848.0914

25060 Hancock Ave. Ste 103-174

Murrieta, CA 92562

- District Rep- Carmie F 951-927-3311
- Alt. Dist. Rep- Julie
- Secretary- Christina M.
- Treasurer- Dina C. 951-440-3030
- Public Outreach Mary C 951-445-9857
- Alateen Coord. Tori S. 951-529-5224

More info and events:

www.alanonriverside.org

www.ca-inlandempirealanon.org

www.scws-al-anon.org