

District 40 Newsletter

12th Annual ALATHON NEEDS YOU!

District 40's 12th Annual Alathon Fundraiser

To Benefit the Al-Anon Inland Service Center

November 14, 2009 at Faith Lutheran Church, Sun City

If you are interested in service commitments:

please contact: Anna R. (951) 990-3300 or at arocca4t@yahoo.com

View the job descriptions of each chair at

www.al-anonriverside.org

Alateen Liaison by Tori S.

The District 40 SCAC Scholarship Fundraiser was a great success. 5 Alateen's and 4 Sponsors from Dist 40 attended SCAC 09. What a gift to have our sponsors attend so they can share their ES&H with parents and teens. If you have any questions like, 'what it's really like at SCAC' please ask a Sponsor & an Alateen. Alateen Age Restrictions: 12 to 21 years on date of conference. My favorite Alateen slogan that I somehow forgot between SCAC 08 & SCAC 09... If it's not Ok, It's not the End. Hope to see many more of you at SCAC 2010.

Sponsors Needed!
Monday Night Alateen,
Temecula is looking for additional Sponsors.
Contact Chris C. or Lorie S.

Dist 40 Alateen Meetings:
*Sunday, Sun City *Monday, Temecula
*Thursday, Murrieta
H & I Alateen Meeting: 1st & 3rd
Tuesday of the month, Murrieta

If you or your children have questions about Alateen or Sponsorship please call or email:
Tori S.
District 40 Alateen Coordinator
tori1ofgodskids@yahoo.com
951-529-5224

UPCOMING EVENTS:

July

South Bay Family Roundup
<http://www.southbayroundup.org>

August

Maad Dog Daze <http://www.aainthedesert.org>

SCWS Area Assembly <http://scws-al-anon.org>

September

Southern California AA Convention
www.aasocal.com

October

Santa Barbara AA Convention
www.sbaaconvention.org

Inland Empire AA Convention
www.inlandempireaa.org/office/events.html

Santa Clarita Valley AA Convention
www.scvaaconvention.org

Public Outreach by Mary C.

Forums and meeting directories are being distributed to local libraries. Public Service announcements are running free of charge on local radio and tv stations.

Business cards are being printed for distribution in the local area as needed.

If you are interested in joining the P.O. committee or have public outreach ideas or needs, please contact

Mary C 951-445-9857 or
district_40@yahoo.com



District 40 Treasury/Budget

Treasurer's Report
July 9, 2009

Fiscal Year 2009/2010 Budget
6/1/2009 thru 5/31/2010



Calendar Seed Printing	\$	320.00
Printing		50.00
Petty Cash		50.00
Mileage expense		260.00
Assembly Food		50.00
Alateen Admin Fund		200.00
Public Outreach		450.00
Postage		30.00
Faith Lutheran Church (Revolving security deposit)		100.00
RSS		322.00
Prudent Reserve		100.00
Budget total	\$	<u>1,932.00</u>

Banking Activity - June 2009

Ending Bank Balance 06/30/09	\$	2,037.65
reconciling items		-
Reconciled Bank balance 06/30/09	\$	<u>2,037.65</u>

Beginning Checkbook Balance 6/1/09	\$	2,073.50
Debit - June 12		(35.85) 06/12 - debit Yahoo website
Ending Checkbook Balance 6/30/09	\$	<u>2,037.65</u>

Cash Funds

Checking account	\$	2,037.65
Petty Cash		100.00
Undeposited 7th Tradition (May)		70.00 07/07 - bank deposit
Undeposited 7th Tradition (June)		143.09 07/07 - bank deposit
Undeposited Calendar Gross Sales		667.00 07/07 - bank deposit
Revolving Church security deposit		100.00
Total Cash 6/30/09	\$	<u>3,117.74</u>

Checking account excess over budget 6/30/09	\$	<u>105.65</u>
--	-----------	----------------------

Note: Budget committee met 7/14, budget was increased by \$320.00 to \$2,252.00, which will be reported in July's Treasurer Report.

Donna Rowley, Temporary Treasurer
District 40

District Service Positions Descriptions New Term: Jan 2010 – Nov 2012, One Day at a Time**Elections @ the November 2009 District 40 meeting.**

Group Representative (GR) is a member with a basic understanding of the Al-Anon program, who is elected by the group, subject to the dual member policy, for a term of three (3) years. The basic duties of the GR are:

- Attends monthly district meetings
- Acts as liaison between the group and the district
- Represents the group at Area Assembly meetings two (2) times a year
- Attends monthly district meetings
- Serves as local representative of the Al-Anon/Alateen magazine, The Forum
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands the Traditions and how they work
- Responsible for information mailed by WSO

District Representative (DR) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. The DR chairs district meetings, represents the groups in the district at Area World Service Committee (WSC) meetings, and serves as a resource and information source for the groups in the district. The DR is responsible for passing information about World Service Office (WSO) activities and Conference decisions to the GRs in the district. The basic duties of the DR are:

- Attends monthly district meetings
- Keeps in touch with GRs of the district
- Visits all the groups in the district
- Assists groups understand and apply the Traditions
- Prepares and updates mailing list of GRs
- Makes sure mail from WSO is reaching the GRs
- Attends Area World Service Committee meetings in four (4) times a year
- Attends RSS and/or PRAASA
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands the Traditions and how they work
- Notifies Area World Service Committee and WSO of disbanded groups

Alternate District Representative (ADR) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. In the absence of the DR, the ADR fulfills the duties of the DR and serves as a Board member to the district.

District Secretary (DS) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. The DS compiles a complete mailing list of GRs and Board members. The basic duties of the DS are:

- Attends monthly district meetings
- Sends notice of District meetings
- Attends to all regular secretarial work and takes minutes of all district meetings
- Submits minutes from current district meeting to the website within two weeks for review
- Submits approved district meeting minutes from prior meeting to the website two weeks prior to the next meeting
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands the Traditions and how they work
- Serves as a Board member to the district

District Treasurer (DT) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. The basic duties of the DT are:

- Handles all district collections and funds
- Attends monthly district meetings, submits a copy of the treasury report to the website, and provides copies of the treasury report at each meeting
- Issues receipts to GRs for contributions on behalf of their groups
- Pays all bills for expenditures approved by the district budget
- One of two required check signatures
- Provides a quarterly and yearly treasury report
- Chairs the Budget Committee meeting held four (4) times a year
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands the Traditions and how they work
- Serves as a Board member to the district

Public Outreach (PO) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. The basic duties of the PO are:

- Attends monthly district meetings and provides a report
- Meets with and talks to spiritual leaders, health-care providers, educators, or the manager of the local radio or television stations
- Provides Al-Anon information, directories, and Conference Approved Literature (CAL) to local hospital, rehabilitation center, or penal facility
- Provides Al-Anon information to newspapers and on-line listings of community resources
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands the Traditions and how they work
- Chairs the Public Outreach Committee
- Serves as district editor to provide up-to-date information to the groups within the district
- Serves as a Board member to the district

Website Coordinator (WC) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. The website service is provided for public outreach and member information, www.alanonriverside.org.

The basic duties of the WC are:

- Attends monthly district meetings and provides a report
- Updates website of Al-Anon information for newcomers, professionals, and members
- Provides Board members' reports of district functions on the website
- Provides different links of Al-Anon structure and activities on the website
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands the Traditions and how they work
- Serves as a Board member to the district

Alateen Coordinator (AC) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years and must be certified by WSO. The basic duties of the AC are:

- Attends monthly district meetings and provides a report
- Serves as the district designated Alateen contact with SCWSO Group Records Coordinator regarding distribution and submission of Alateen forms
- Coordinates the Alateen activities in the district
- Conveys Alateen service information from WSO to district and groups
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands of Traditions and how they work
- Provides Alateen Talk to all registered Alateen groups in the district
- Serves as a Board member to the district

Calendar Coordinator (CC) is a member with a basic understanding of the Al-Anon program, who is elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. The basic duties of the CC are:

- Attends monthly district meetings and provides a report
- Chairs the Calendar Committee
- Is familiar with the Al-Anon/Alateen Service Manual
- Understands the Traditions and how they work
- Serves as designated contact for submission of calendar experience, strength, and hope for yearly calendar
- Serves as designated contact for publication and distribution of yearly calendar
- Serves as a Board member to the district

Fundraiser Liaison Committee (FLC) consists of four (4) members who have a basic understanding of the Al-Anon program, who are elected by Group Representatives (GR), subject to the dual member policy, for a term of three (3) years. The basic duties of the FLC are:

- Attend monthly district meetings and provides a report
- Serve as designated contacts for the annual Spring Fling Fundraiser and the Alathon Fundraiser
- Are familiar with the Al-Anon/Alateen Service Manual
- Understand the Traditions and how they work
- Designated contacts for Fundraiser Guidelines
- Designated contacts for all committee chairs for fundraisers for the district
- Designated contacts for district paper goods and fundraiser supplies
- Designated contacts for function and structure of the Country Store for the annual Alathon Fundraiser

These are brief descriptions of the duties of service positions available at the district level. For more information about the structure of the Al-Anon/Alateen district structure, please refer to the Al-Anon/Alateen Service Manual 2006-2009 and its companion Al-Anon and Alateen Groups at Work

Speaker Meetings

Temecula Friday Night Women's Stag Meeting

Unity Church
41743 Enterprise Circle N.
7:30 p.m.

Everyone is Welcome

This is an open meeting on the last Friday of Every Month

For Information:

Anna R., (951) 696-1986

Hope For Today Murrieta

Speaker Night – Potluck

September 3, 2009 6:00-8:00 PM
6:30pm Dinner 7:15pm
Speakers 6:30 pm

Salvation Army

40270 Los Alamos

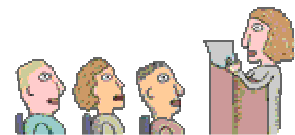
(Upstairs in fellowship hall)
Contact: Mary C. 951-445-9857

Mexican Theme please bring a dish to share!

Everyone is Welcome

Have meeting news you would like printed in next month's issue?

Email district_40@yahoo.com



District 40 Meetings

Time: 7:00 pm

Boston Billie's Restaurant

26850 Cherry Hills Blvd., Sun City

Aug 13th

Sep 10th

Oct 8th

Nov 12th

Dec – No Meeting

Everyone has a voice!

ALL ARE WELCOME GR'S
HAVE A VOTE

Did you know that Al-Anon has a web page dedicated to resources for members?? Check it out!!

<http://www.alanon.org/members>

We believe in rotation of leadership, District 40 positions are up for grabs November 2009!!!

Want to be of service at the District 40 level?

Contact your Group Rep or e-mail district_40@yahoo.com



Does your Meeting Have a GR??

*Let it Begin with me
When anyone, anywhere,
reaches out for help,
let the hand of
Al-Anon and Alateen
always be there, and
Let it Begin with me!*

Group Representative (GR)

A GR is a vital link in the continuing function, growth and unity of world Al-Anon. He is a member elected by his group for a three-year term. He attends Assemblies, maintains contact between the group and the district and between the group and the Area World Service Committee.

• The GR and World Service

Through the contacts he makes with other GRs and the Area World Service Committee, the GR can gain knowledge of Al-Anon world service and the purpose and work of the Conference. This will enable him to explain these to the

group. The GR should be allowed regular time at group meetings to convey information concerning Al-Anon world service affairs.

• The GR and District Meetings

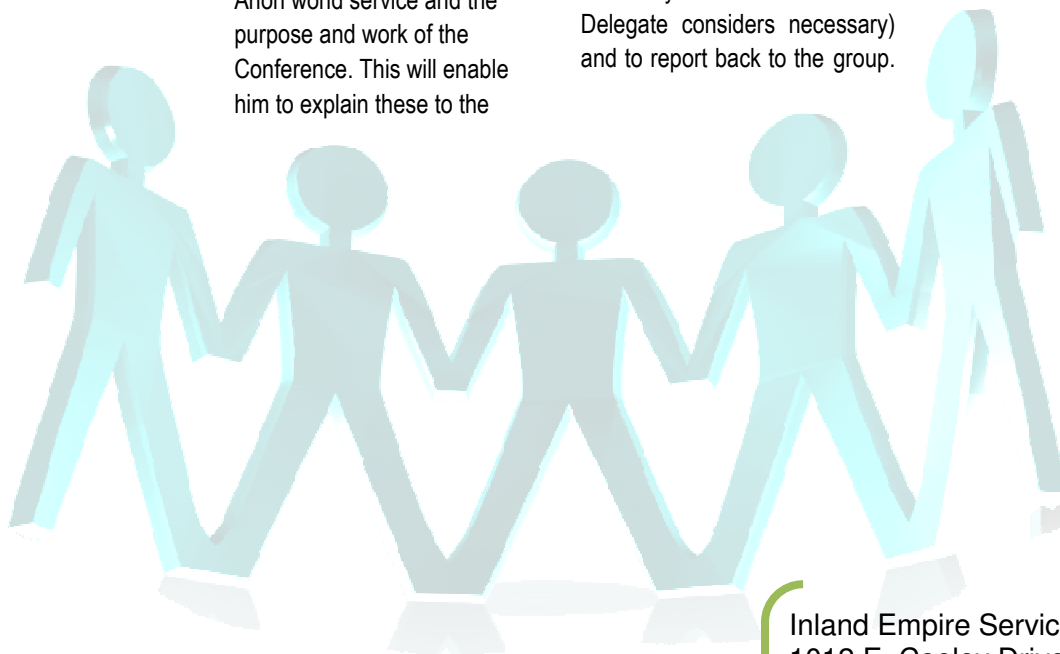
The GR attends all meetings of his district.

• The GR and the Area Assembly

In addition to attending the election Assembly, the GR is expected to attend all scheduled Assemblies (and any interim Assembly the Chairman or Delegate considers necessary) and to report back to the group.

The GR or Alternate GR, in the GR's absence, votes at the Assembly. Each group has one vote.

www.al-anon.alateen.org/members 141



District 40 Website:
www.alanonriverside.org

Inland Empire Service Center
1012 E. Cooley Drive, J
Colton, CA 92324
909-824-1516
www.ca-inlandempire-alanon.org
So. Cal. World Service (SCWS)
<http://scws-al-anon.org>
World Service Office (WSO)
1-800-356-9996
www.al-anon.alateen.org
Alcoholics Anonymous Local Office
951-695-1535